# \*\*\* English Version\*\*\* PuffPowPeng – In Your Face Holidays!

When: 08.07.–15.07.2018 Where: Burg Lutter



Burg Lutter is an anarchist commune close to Salzgitter, who rent their space for summer camps and seminars. There is a conference centre with rooms with bunk beds, communal living rooms, and kitchens. Camp attendees can either share a room or can pitch their tent in the garden. A sports room has been built in the brewery with mats and sandbags where we can train. If weather allows, trainings will take place on the field outside.

## **Camp Structure**

The main notion behind the camp is to spend a relaxing week together where we can train, exchange ideas, hang out, and design workshops. Trainers\* have been invited to give box trainings in the morning. Afternoons will be determined by you. At the beginning of the camp we will make a plan where everyone can have a say in all trainings and workshop plans e.g. technical training, sparring, pad-work and other ideas such as DIY workshops, dance courses, discussion rounds etc. It's not about being the best at anything/everything, it's all about gaining experience and knowledge from one another and having fun while doing it.

### DIY - Do It Yourself

The camp will be structured by you. That means everyone should be prepared to stay on site and to cook together for everyone (vegetarian/vegan), designing the trainings and workshops together and to take responsibility in ensuring that we all have a good time.

# Empowerment & Solidarity: Queer-feminist Boxcamp for WomenLesbiansInter\*Trans\*

Within this framework we will create a space to train, in which all feel comfortable and where we all treat each other with respect and recognition.

Also: The trainings are for adult boxers\* with basic knowledge and skills – there will not be any courses for newcomers to boxing. Children are very welcome. Burg Lutter is not accessible for people with disabilities. Pets are not allowed on site.



#### Cost

Pay what you can. We recommend between 100-200€ depending on your circumstances. Overall costs for the camp are 250€, including food, training, and accommodation (bed or tent). If you are able, we would welcome payments covering the full cost. Transport costs are the responsibility of participants. If you cannot afford the camp fee, please let the organisation team know and we will try to find a solution. If everyone pays what they can, the solidarity principle will work and we will all bear the costs for the camp.

# Registration There is still space so you can still register!!!

If you are interested send your registrations until the first of April 2018 via email to puffpowpeng@riseup.net. First come, first serve. Please register only if you can and wish to spend the whole week.

If you received a place, a registration form will follow with suggestions for workshops, what to bring, and your account details for the registration fee. Places are secured after transferring the fee. Unfortunately we cannot refund cancellations after the 24.06.2018.

All questions can be referred to puffpowpeng@riseup.net

We look forward to spending a fun and furious week with you!

